

# Pifetol 200 tablet

## Pirfenidone 200 mg Tablet

### Anti-Fibrotic Therapy for Lung Health

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### Description

Pirfenidone 200 mg is an **anti-fibrotic and anti-inflammatory medication** used to treat **Idiopathic Pulmonary Fibrosis (IPF)** — a progressive disease that causes scarring of the lung tissue. By slowing down the fibrotic process, Pirfenidone helps preserve lung function and improves the quality of life in patients with IPF.

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### Mechanism of Action

- **Anti-Fibrotic:** Pirfenidone inhibits the synthesis of transforming growth factor-beta (TGF- $\beta$ ), a key protein involved in the formation of scar tissue (fibrosis) in the lungs.
  - **Anti-Inflammatory:** Reduces the production of inflammatory cytokines, thereby minimizing lung tissue damage.
  - **Slows Disease Progression:** Helps delay the worsening of lung function by limiting further fibrosis.
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### Indications

- **Idiopathic Pulmonary Fibrosis (IPF):** A chronic and progressive lung disease characterized by the thickening and stiffening of lung tissue, making breathing difficult.
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### Dosage and Administration

- **Initial Dose:** Typically, 200 mg three times a day.

- **Titration:** The dose may be gradually increased under medical supervision to reduce the risk of side effects.
- **Administration:** Take with food to minimize gastrointestinal side effects. Swallow the tablet whole with water.

**Note:** Dosage may vary based on patient condition and medical advice.

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### Benefits

- **Slows Fibrosis Progression:** Helps maintain lung function for a longer period.
  - **Reduces Symptoms:** Eases breathlessness and improves overall lung capacity.
  - **Enhances Quality of Life:** Helps patients perform daily activities with greater ease.
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### Precautions

- **Liver Function Monitoring:** Regular liver function tests are recommended as Pirfenidone may affect liver enzymes.
  - **Avoid Sun Exposure:** Pirfenidone may increase sensitivity to sunlight. Use sunscreen and protective clothing.
  - **Drug Interactions:** Inform your doctor about other medications or supplements you are taking.
  - **Pregnancy & Breastfeeding:** Use with caution and only under medical advice.
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### Possible Side Effects

- **Common Side Effects:**
  - Nausea
  - Vomiting
  - Diarrhea
  - Fatigue
  - Skin rash

- **Less Common but Serious:**
  - Elevated liver enzymes
  - Severe skin reactions
  - Photosensitivity reactions

If side effects persist or worsen, contact your healthcare provider immediately.

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## Storage

- Store below 30°C.
  - Keep the tablets in their original packaging, protected from light and moisture.
  - Keep out of reach of children.
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## Disclaimer

This medication should be used under the supervision of a qualified healthcare professional. The information provided here is for educational purposes and not a substitute for professional medical advice.

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## Breathe Easier, Live Better — With Pirfenidone.

Manufactured in India for:



**Cafoli Lifecare Pvt. Ltd.**

**(An ISO 9001: 2015 Certified Co.)**

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